

Horfield and Lockleaze Neighbourhood Partnership Thursday 3rd March 2016

AGENDA ITEM NO. 6

Title: Addendum to the Business Report: Older People's Shopping Bus

Report of: Janie Adams, Community Support at Home Coordinator, NBAC

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Recommendation/ Decision:

To approve funding for this project

1.0 Introduction

1.1 For the last 2 years the Community Support at Home Project has been running a fortnightly shopping club taking local residents over 55 to a supermarket nearby to do their shopping in a more affordable and sociable way. Unfortunately our partners Bristol Community Transport (BCT) have had their funding cut by Bristol City Council to fund this service and Friday 26th February will be our last trip. We all obviously want this service to continue and for some of the older people it is the only time they have to get out and do a "big shop".

The benefits of this project are that elderly people who do not have cars can do their food shopping in a safe and supported environment. It enables them to access larger shops with more competitive prices compared to the smaller shops currently in Lockleaze. The shopping bus picks people up locally, takes them to the supermarket, and the driver helps them to carry their shopping to their house, therefore reducing the chance of falling and associated injuries. This is especially relevant during the winter months when carrying heavy bags on and off public buses can result in falls. It is also a chance to meet other people and can help to combat loneliness; there is time at the end of the shop to visit the café and many shopping club members have made new friends as a result of the service.

Monitoring from 2014/15 shows that 90% of shopping club clients said their health and wellbeing has improved as a result of the service. We asked clients what difference have the shopping trips made to their live. This is what they said:

"Meeting new people and getting to shop in different supermarkets."

"It gets me out of the house."

"I do not have to carry or drag my bags very far thanks to the bus being in our car park. Thanks to all who work on our behalf."

"Feel a lot happier and secure knowing I am able to do my weekly shop with help and friends around me."
"Out more!"

"I am very happy with the trips, I enjoy company of others on the bus. I also save money compared to shopping locally –especially ASDA!"

"Saving money and different brands, having a chat and laugh with new people."

"Door to door service, friendly driver, new people to meet, being elderly we need all the help we can get."

"The convenience of being with other people and feeling secure."

"Meeting new people and more variety in different shops."

"Made me happy."

2.0 Funding

2.1 The budget for this project is:

Item	Cost (£)	Please tick $()$ if you are asking us to fund this item. If you have funding to pay for an item or part of an item please say where it is coming from
Bus hire from Bristol Community Transport, including driver and mileage costs (£71 per trip, 24 trips per year).	£1704.00	√
Coordinator time to organise trips, publicity, etc = 5 hrs per month	£969.00	Will be funded by NBAC
Volunteer time 25 hours at £11.06 per hour	£276.50	Supported by NBAC
TOTAL COST	£2949.50	

- 2.3 If the project could only be part funded the service would continue until the funding ran out. The Project Coordinator will continue to look for additional sources of funding to support this project.
- 2.4 The Neighbourhood Partnership are asked to approve £799.50 from the Wellbeing budget and £904.5 from the underspend from the previous years to fund this project. This underspend is currently £14,601 and does not yet include any underspend from Highways projects.